

Mommy and Me

Running, Walking, Skipping, or pushing a stroller, it doesn't matter as long as you are moving! Join us at the Milford High School track for two hours of socialization with fellow moms and their kids. Don't want to stay for the full two hours? No problem, join us for any amount of time you want!

Sundays from March 30—June 22nd
(No Program: 4/20, 4/27, 5/25)

9:30-11:30 am

Milford High School Track

\$10 per family



Register at milfordrec.com!

Walking/Running Group