

Milford Recreation presents...

Milford Field Hockey Camp

Monday-Wednesday, 8/1-8/3 12-3pm

Res \$50/NRes \$60

GIRLS GRADES 1-8

T-shirts are included for all participants!

Join us for 3 days of fun and field hockey! Our goal is to expose new athletes to the sport and to better prepare experienced players for their next level of play. We will provide energetic instruction on proper fundamental skills, improve acquired skills, and teach the game of field hockey in a fun and team-atmospheric way. Players attending are required to bring equipment: stick, shin guards, mouth guard, goggles, water bottle. Introductory players: equipment will be available for you to use. However, you must bring a mouth guard. Let us know at registration if equipment is needed. **This program is run by the high school field hockey coach, Tracie Ibarra, and current and past players will be assisting. Minimum of 20 players needed. MHS practice football field.**

Registration deadline July 28th!

**REGISTER AT
WWW.MILFORDREC.COM
TODAY!**

