

Town of Milford Early Retiree Benefit Packet Plan Year 2023

This packet contains links to the documents and forms you need to learn about and enroll in the HealthTrust coverage offered by your former employer. To access these materials, click on the orange "Download" buttons below.

BENEFITS



Benefit Education

Learn more about the benefit plans, programs and services available through your HealthTrust coverage.



Benefit Comparison

Click on this link to learn more about your benefit plan options.



Secure Enrollee Portal (SEP)

Create your account to access benefit resources, digital ID cards, coverage documents, a Secure Message Center, and single sign-on to Anthem, CVS Caremark®, Delta Dental, and more.



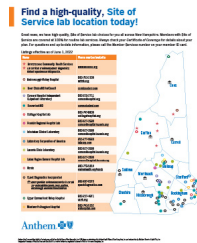
Choosing the Best Medical Plan for You and Your Family

Make an informed decision for your health coverage! Read this concise guide designed to help you select a medical benefit option.



Site of Service FAQs

Understand your Site of Service plan and maximize your benefits by finding out the answers to frequently asked questions.



Site of Service Lab Flyer

Locate a Site of Service lab near you and save medical costs.



Site of Service Ambulatory Surgery Centers

Save money on outpatient surgery and other procedures by clicking the link for a list of Ambulatory Surgery Centers.



Site of Service Radiology Centers

Need an x-ray or MRI? Log in to your SEP account to find a Site of Service radiology provider near you.



Maintenance Choice
An Enhanced Way to Fill Long-Term Prescriptions

CVS Caremark Mail Service Pharmacy® is a preferred provider for your long-term prescriptions. It's the only mail service pharmacy that can deliver your long-term prescriptions to your home. You can get your prescriptions delivered to your home in a secure, tamper-resistant container. You can get your prescriptions delivered to your home in a secure, tamper-resistant container. You can get your prescriptions delivered to your home in a secure, tamper-resistant container.

CVS Caremark Mail Service Pharmacy®
• Only one prescription is needed to obtain your long-term prescriptions.
• You can get your prescriptions delivered to your home in a secure, tamper-resistant container.
• You can get your prescriptions delivered to your home in a secure, tamper-resistant container.

CVS Pharmacy
• This is available at sites that are convenient for you.
• It's the only way to get your long-term prescriptions delivered to your home in a secure, tamper-resistant container.

HealthTrust CVS Caremark

CVS Caremark Maintenance Choice®
Choose any CVS Pharmacy® or the CVS Caremark Mail Service Pharmacy® to obtain long-term prescriptions (up to a 90-day supply).



HealthTrust Outline of Benefits

Dental Plan Option 10

Benefit Category	Option 10	Option 11	Option 12
Annual Maximum	\$1,000	\$1,000	\$1,000
Preventive	100%	100%	100%
Basic	80%	80%	80%
Major	50%	50%	50%
Oral Surgery	50%	50%	50%
Orthodontia	50%	50%	50%
Prosthetics	50%	50%	50%
Periodontics	50%	50%	50%
Endodontics	50%	50%	50%
Restorative	50%	50%	50%
Emergency	50%	50%	50%
Extraction	50%	50%	50%
Implant	50%	50%	50%
Temporaries	50%	50%	50%
Teeth Whitening	50%	50%	50%
Smoking Cessation	50%	50%	50%
Other	50%	50%	50%

Dental Outline of Benefits: OPTION 10
This Outline of Benefits describes the specific coverage categories and level of benefits provided under your HealthTrust Dental Plan.



HealthTrust Outline of Benefits

Dental Plan Option 4

Benefit Category	Option 4	Option 5	Option 6
Annual Maximum	\$1,000	\$1,000	\$1,000
Preventive	100%	100%	100%
Basic	80%	80%	80%
Major	50%	50%	50%
Oral Surgery	50%	50%	50%
Orthodontia	50%	50%	50%
Prosthetics	50%	50%	50%
Periodontics	50%	50%	50%
Endodontics	50%	50%	50%
Restorative	50%	50%	50%
Emergency	50%	50%	50%
Extraction	50%	50%	50%
Implant	50%	50%	50%
Temporaries	50%	50%	50%
Teeth Whitening	50%	50%	50%
Smoking Cessation	50%	50%	50%
Other	50%	50%	50%

Dental Outline of Benefits: OPTION 4
This Outline of Benefits describes the specific coverage categories and level of benefits provided under your HealthTrust Dental Plan.



Go Green! with HealthTrust Delta Dental's GreenLink Site

Visit our GreenLink site to learn more about ways to save money on your dental care. You can get more from your dental benefits and the resources available.

Delta Dental Go Green Flyer
Click on this flyer to learn ways to get more from your dental benefits and the resources available.



Delta Dental Vision and Hearing Discount Flyer

Great Savings - Up to 30% off eyewear and 40% off hearing exams!

Learn more about how to save money for vision and hearing products and services.

Delta Dental Vision and Hearing Discount Flyer
Learn more about how to save money for vision and hearing products and services.



Anthem Vision Discount Flyer

See how easy it is to save money on vision care

Save up to 30 percent off the retail price of vision care products and services.

Anthem Vision Discount Flyer
Save up to 30 percent off the retail price of vision care products and services.



ENROLLMENT FORMS

HealthTrust RETIREE MEDICAL AND DENTAL APPLICATION AND CHANGE FORM

Complete this fillable form to enroll in or change your Retiree medical and/or dental coverage.

Retiree Medical and Dental Application and Change Form
Complete this fillable form to enroll in or change your Retiree medical and/or dental coverage.



HealthTrust NHRS

NHRS Annuity Deduction Authorization Form

If you are a Retiree (or a surviving spouse or child) entitled to receive a benefit from NHRS use this form to authorize the deduction of coverage contribution(s) from the monthly NHRS annuity payments.

NHRS Annuity Deduction Authorization Form
If you are a Retiree (or a surviving spouse or child) entitled to receive a benefit from NHRS use this form to authorize the deduction of coverage contribution(s) from the monthly NHRS annuity payments.



HealthTrust

Retiree ACH Authorization Form

For non-NHRS payments, make it easy to pay your monthly bill. Sign up for an automatic monthly payment option.

Retiree ACH Authorization Form
For non-NHRS payments, make it easy to pay your monthly bill. Sign up for an automatic monthly payment option.



WELLNESS & RESOURCES



Slice of Life Flyer

Get healthy your way and earn rewards! Click on the link to learn about HealthTrust's Slice of Life program.

 DOWNLOAD



Included Health

Access expert medical help for complex medical care, including expert second opinions, treatment decision support, referrals to local experts for in-person visits, and more.

 DOWNLOAD



Corigen® Medication Safety Program

Discover if the medications you take now – or could take in the future – are right for you.

 DOWNLOAD



SmartShopper

Learn and earn with SmartShopper! Shop for medical services online or by phone, choose a cost-effective provider and earn a reward! It's that simple.

 DOWNLOAD



Aware Recovery Care

For eligible covered individuals age 17 and older with substance use disorders, Aware Recovery Care can provide in-home recovery care from a multidisciplinary team of experts for up to 52 weeks.

 DOWNLOAD



LifeResources

Find the help you need at no cost to you! LifeResources Employee Assistance Program (EAP) offers comprehensive services, resources and support for wide-ranging issues that can impact health.

 DOWNLOAD



LiveHealth Online


See a doctor for non-emergency visits anytime, 24/7, or a behavioral health expert by appointment without leaving the comfort and privacy of your home.

 DOWNLOAD



CVS Caremark® Transform Diabetes Care® Program

Manage your diabetes better with a free blood glucose meter, test strips and lancets, and expert help for staying on track with medications and adopting healthier lifestyle habits.

 DOWNLOAD



Lark DPP Flyer

Prevent prediabetes from progressing! The Lark Diabetes Prevention Program provides support and tools to help you adopt healthier lifestyle habits.

 DOWNLOAD

VIDEOS



Learn How to Create Your Secure Online Account

Click the video link to learn how to create your account on the Secure Enrollee Portal and access valuable resources.

[WATCH VIDEO](#)



Retiree Information

Understand your options for retiree health coverage by clicking the link to view the retiree video.

[WATCH VIDEO](#)



Access Blue New England Site of Service - Quick Overview

Click the link to view the Site of Service video to learn how to make the most of your Site of Service plan.

[WATCH VIDEO](#)



SmartShopper

Click the video link to learn how to search for medical services in your area, save money, and earn rewards!

[WATCH VIDEO](#)