

Tai Chi/Qigong Forms



**Town Hall
Auditorium
5:15-6:15pm**

**\$60 per
session**

4 Sessions

**Tuesdays, March 5-April 19
Tuesdays April 16 - May 21**

**Thursdays, March 7- April 18
(no class March 21)
Thursdays, April 25 - May 30**

Register at www.milfordrec.com

